

BELL MIDDLE SCHOOL

1001 Ulysses St. Golden, CO 80401 Phone 303-982-4280 Fax 303-982-4281 Attendance 303-982-4340

March 2020

School Website

<u>Menu</u>

Lunch & Bell Schedule

Message from the Principal...

Dear Bell Families-

The focus of the March 2020 Newsletter is simple: to provide you with one document that contains the most important links and information that we have currently to navigate this quickly changing world we are attempting to navigate. While we would all rather be seeing our students every day, please know that our staff is committed to giving our students the tools to continue growing and learning, regardless of where they are. With that, we are scheduling virtual meetings with our teams after Spring Break to learn from one another and adjust as we go.

I know that technical issues are the source of some people's stress. If you are having tech problems or need a device, *please fill-out the Tech Issues Form.* If you are having trouble with your home internet, we cannot help with that; *you have to contact your provider*. One trick you can try before calling the provider is to unplug your router for about a minute and plug it back in. Then, give it time to reconnect.

continued





Message from the Principal, continued...

We also recognize that other forces are at play that may not have existed two weeks ago but are now having a significant impact on some of our students and their families. With the dramatic change in commerce as a result of social distancing, some families are likely now experiencing layoffs and possibly food and home insecurity. This can take a significant toll on our kids and families. We will be providing social/emotional lessons after break. Additionally, our counselors (Ms. Jelinkek, Ms. Leigh, Mr. Irwin, and Ms. Ballweg), social/emotional learning specialist (Mr. Hahn), and social worker (Ms. Duncan) have also done a tremendous job putting together ways to communicate with them, as well as have been reaching out to students and families, as needed. That information is also linked into this newsletter. As always, **please continue to check the Bell website** with the most updated information.

In closing, it is important to remember to take care of yourself and each other. Together we are better; together we are Golden. Have a wonderful Spring Break!

Truly,
Michele DeAndrea Austin, M.A.
Principal
Bell Middle School



FROM OUR SOCIAL EMOTIONAL LEARNING SPECIALIST:

Due to the district Covid-19 response, we will be supporting you remotely until further notice. Feel free to email me with any questions, concerns or needs. I am happy to help support your needs and direct you to appropriate community resources as needed. My office hours will be from 9am-3pm. I will be checking these messages regularly. You should expect to receive a response within 24 hours. You can also access the Social Emotional Learning Specialist (SEL) Request Form here.

If you or someone you know is in crisis, please dial 911 or call the Colorado Crisis Hotline at 1-800-273-8255.

For more information on our Covid 19 response, please visit our site here:

https://www.jeffcopublicschools.org/cms/One.aspx?portalId=627965&pageId=14224600

Josh Hahn, LCSW, CAC III Social Emotional Learning Specialist (SELS) Bell Middle School 303-982-4295





FROM THE COUNSELING DEPARTMENT:

Teachers of 6th graders:

- Mrs. Jelinek has a Google classroom---join code on Counseling website and on the staff list.
- Please upload this <u>6th Grade Counselor Request Form</u> to your Google Classroom if you have any 6th graders in your classroom. Jelinek has it posted in her google classroom too, but the more places posted, the better.

Teachers of 7th graders:

- Mrs. Leigh has a Google classroom---join code on Counseling website and on the staff list.
- Please upload this <u>7th grade Counselor Request form</u> to your Google Classroom. Leigh has it posted in her google classroom too.

Teachers of 8th graders:

- At this time, may we ask you to do two things for us? Please post this 8th Counselor Request Form on your Google Classroom. We'd like to ensure all 8th grade students know how and where to connect with the 8th grade Counselors for mental health and academic support.
- Second, we'd love to support you in this virtual learning journey so we've created an <u>8th Grade Virtual Tracking Form</u>. We hope this form will help all of us keep track of students and actions we've taken to ensure they are getting the support they need.

<u>Resources for Student Wellness</u> – While we enter a time of uncertainty, we want to make sure that you all practice self-care! Here are some ideas and free information to help out:

continued...

FROM THE COUNSELING DEPARTMENT, continued...

Student Support and Self Care

- Take time for yourself.
- Stay in the present.
- Do what helps you feel safe.
- Stay connected.
- Take time to talk.
- Keep things in perspective.
- Separate what is in your control and what is not.
- Get the facts from a credible source.
- Keep yourself healthy.
- Relax.
- Pay attention to your body, feelings, and spirit.
- Get outside

Please click on the links below for articles and flyers that we would like to share with you:

Protecting Your Mental Health During the Coronavirus Outbreak (quick article)

Coping with Stress During Infectious Disease Outbreak (quick article)

Building Resiliency During Stressful Times (document)

Coping Skills Flyer- Indigo Daya (document)



Sponsorship space in this newsletter is extremely affordable! Reach parents in your local community & a significant portion of your investment goes back to the school! Want to sponsor this school? Please contact Rob Mangelson at Rob@tscacolorado.com or (720) 878-4107.

Hello 8th Grade Class Parents,

Just a reminder that Bell's gorgeous 8th graders took their Class Panoramic Pictures prior to our remote learning transition. Here is a sample of just ONE of the photos taken that day:



The deadline to order the pictures without a late fee is this Sunday, March 22nd. For online ordering, please go to http://bit.ly/BestClassPicture. Students also received order forms at the picture and we are attaching a PDF order form as well for your convenience.

BEST CLASS PICTURE ORDER FORM

Be sure to capture these memories before it's too late!

Food Resources in the Golden Area - March 2020

Name	Location/Phone	Туре	Description	Area Served	Cost	Days/Hours	Access
His Provision	705 Ulysses St. Golden 303-279-3663	Food Pantry	Perishable/non-perishable food items; CFSP & TEFAP distribution site	Golden area	None	Monday, 1:30-4 and Th, 10-2:30 (CFSP, TEFAP)	Walk-in; application for CSFP, TEFAP
Golden Rescue Fund	Golden PD 911 10 th St., Golden 303-279-2188	Emergency Food Bags	Travel bags of food and/or Safeway cards; one time only for non-residents, 1 x 6 mo. for residents	Golden and surrounding area	None	M-F, 9-5 (church referrals), 7 days a week at Golden PD	Referral from church or CAG M-F; Walk-in on weekends
Christian Action Guild (CAG)	1401 Ford St. Golden 303-279-5674	Food Pantry, Emergency Food Bags	Shelf stable and fresh food/produce, 1 x month plus overstock between visits; options for non-residents	Golden, 80401 and 80403	None	T 10:30-5:45, W 9-2:30, F 10:30-2:30	Walk-in
Calvary Food Shelf	Calvary Church 1320 Arapahoe St. Golden 303-279-2188	Food Pantry, Emergency Food Bags	Shelf stable food, some fresh food items, KS or Safeway card, 1 x month for residents; other options for non- residents	Golden, 80401 and 80403, primarily west of Indiana/1-70	None	M, T, W, Th, 9:30-5, Sat./Sun. if needed	Walk-in
GoFarm CSA's (Containers at Coors Tek downtown and Centura Health in south Golden)	600 9th St., Golden (Coors Tek parking lot); 750 Warner Dr., Golden 720-580-3276	Local Food Shares	Fresh local produce available weekly during the local growing season.	Golden area	Prices vary; accept SNAP and DUFB	Coors Tek Th 3:30-6:30 pm and F 8-10 am; Centura W 3:30-6:30 and F 8-10 am	Sign-up, purchase
Jeffco Public Schools - Summer Food Program	A Golden area school - location varies each year	Meal	Lunch is provided over the summer for several weeks	Golden area	None	M-F, Lunch	Walk-in, kids 18 and under
Jeffco Public Schools – Free and Reduced Lunch	Golden area schools	Meal	Lunch is provided to students who meet income guidelines	Golden area	None	M-F, lunch	Register through school
Golden Backpack Program – Weekend Sacks	Golden area schools 720-908-5828	Food Bags	Bags of food are sent home w/ students in need	Golden area schools	None	Weekly bag	Hungry kids identified by parents and/or school staff
CSM Food Pantry – Blaster's Basket	Student Center 1620 Maple St. Golden	Food Pantry	Pantry, including shelf stable and fresh food items	CSM students	None	M-Sat. 8 am-11:30 pm Sunday 10-11:30 pm	Walk-in
CSM - Fighting Hunger at Mines	Various sites on campus	Mobile food distribution	Group members get food from the GBP Fresh Food Co-op and GoFarm, and distribute it on campus to students in need	CSM students	None	M and F, mid-day	Walk-up; info on locations, times via Facebook posts

Organization/Churc h	Food	Grocery Cards	Travel Bags	Clothing/Bedding	Rent	Utilities	Bus Passes	Gas	Rx	Medical	Other
The Salvation Army Golden SEU Calvary Church 1320 Arapahoe St. M-Th. 9:30-5 (call for appointment, 303-279-2188)	Access to the Calvary Food Shelf is available in addition to the other assistance				\$500 + or - once every 12 mo.	\$300 + or - once every 12 mo.			\$250/vc more if needed - vouchers from Faith Lutheran Church	Co- pays, other needs, amount varies	e.g. home or car repair, Back-to School shopping in August
Golden Rescue Fund - referral slip taken to Golden PD (need I.D.) residents once/6 mo., non-residents 1 time; if no I.D. send to Calvary Church 1320 Arapahoe St. M-Th, 9:30-5	Access to the Calvary Food Shelf is available – shelf stable and fresh food items	\$10 gift card	Travel type food, 1- 2 bag (s) per person based on need	Socks – anytime needed (available at Calvary)			1-2 or more based on need	\$25 gift card	Up to \$75		e.g. car repair, glasses
Christian Action Guild (residents can access food once every 30 days, can get a blue slip for overstock between visits) 1401 Ford St. T 10-5:45, W 9-3:30, F 10-3:30	Fresh and shelf stable items, detergent (once/3 mo.); pantry closes at 2:30 on W, F		Travel type food, 1 bag per person every 2 weeks	Thrift shop with clothing and household items	Only availab le for regular clients - 6 mo. or more	Only available for regular clients - 6 mo. or more					Back to school and shoe gift cards in August
Golden First United Methodist Church 1500 Ford St. M-Th, 9-1	Golden Community Table – meal Th, 11-12:30		Snack food when availabl e	Closet w/ various items, toiletries; sleeping bags/ blankets when available			1/mo. when available			Medical equip- ment to borrow	
Golden Family of Churches Health Ministries (check w/ Faith Lutheran Church 303-279-5379)										Medical equip- ment to borrow	
Hands Automotive/ Hands of the Carpenter 16097 S. Golden Rd. 303-526-4488,											Car repair, vehicle placement for women in need

303-526-4488, M-F, 8-5 Assistance Available in Golden – March 2020

CRCC Coding Competition is open to ALL Bell Students!

Students work at their own pace to learn coding concepts through a fun video game interface.

The Cyber Robotics Coding Competition is an engaging, fun online coding competition where students learn to program a virtual robot to navigate obstacle courses and collect power packs.

Bell students can compete against one another AND our school will be competing against other schools across the country. Last season, we sent two teams to the Mountain Regional Finals in Las Vegas, Nevada and took home FIRST PLACE! Go Colorado!

Now that we are learning from home, this is the PERFECT opportunity to fill some of that time with a fun, educational computer programming challenge that will build coding skills and help us all feel a little more connected in the upcoming weeks.

More information about the competition: https://crcc.io

Students can join using their Jeffco Google login at this

link: https://play.gocoderz.com:443/login/#/joinclass/granularlibrary



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Looking for something for you and your children to do during Spring Break? The Golden School's Foundation has you covered!



Golden Schools Foundation Teacher Awards

Golden Schools Foundation Teacher Awards

Every year, the Golden Schools Foundation (http://goldenschoolsfoundation.org/) awards two Golden-area teachers with a Teacher Recognition Award (click here for past winners). They receive \$1,000 to spend in their classrooms, and a beautiful crystal apple to recognize them for their amazing contributions to our schools. Golden Schools Foundation is currently accepting nominations from parents, students, principals, teachers or other staff members. Nominations are due **April 7**.

If you have questions, feel free to contact the Golden Schools Foundation at chair@goldenschoolsfoundation.org.

Click one of the below links to access the nomination form either online or pdf format:

- Click Here for the 2020 Teacher Recognition Form (pdf format)
- <u>Click Here for the Golden Schools Foundation Online Teacher Recognition Form 2020</u>

NOTE: this award isn't limited to teachers that serve in the classroom, but is also for other school staff that play large roles in our children's education. For example a DTL (Digital Teacher Librarian), AMP Teacher, SELS (Social Emotional Learning Specialist), Principal, Secretaries, Special Education Team Member, etc.

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Golden Schools Foundation Teacher Recognition Awards Nominations due by April 7, 2020



Do you know a special teacher who demonstrates a contagious enthusiasm for teaching and learning? Are they someone who regularly inspires all students to take on new challenges and to recognize their full potential? Have you met a teacher who thinks outside the box and advances new approaches to teaching and learning?

Golden Schools Foundation is holding the 9th annual Golden Teacher Recognition Awards to reward and encourage excellence in teaching at our articulation schools. <u>These Golden schools include Kyffin, Mitchell, Ralston, Shelton and Welchester Elementary, Bell Middle, and Golden High School</u>.

The two winning teachers will be awarded \$1,000 each to be spent in their classroom for supplies, a rystal apple, and recognition at their school. They will also be acknowledged in local press/newspapers among the Golden community. Winning teachers will also be featured on our website showcase of winners.

Award Criteria & How to Nominate:

Write a one-page letter showing how the teacher you wish to nominate demonstrates the following criteria. Please provide one or more examples for each category and include the teacher's name, their school, grade/subject they teach, and your name and connection to the school.

- **(REQUIRED) Innovative and effective teaching methods** that demonstrate critical and creative thinking. Give examples of how the teacher uses imagination, innovation, and ingenuity to teach.
- **(REQUIRED)** Commitment to all of their students that goes above and beyond official job requirements. Show how they advocate for the needs of their students.
- (OPTIONAL) The ability to work collaboratively with colleagues to create a positive school environment. Please illustrate the teacher's collaboration with peers & ability to lead by influence.

Who Can Nominate:

Parents, students, principals, or other staff members may nominate a teacher. Teachers can be nominated more than once, and group nominations of one teacher are also accepted.

Previous winners cannot be nominated again. You can see a list of previous winners at http://goldenschoolsfoundation.org.

All nominations are due by 5pm (MST) on April 7, 2020. Applications past this time and date will not be considered. Winners will be announced the week of May 4, 2020 (Teacher's Appreciation Week)

Choose one of the following options for submitting your nomination:

- 1. Send a PDF via email to tsmith@diversifiedbldrs.com and also copy chair@goldenschoolsfoundation.org.
- 2. Submit online via https://bit.ly/2Tk05ON.